

FOLLOW YOUR GIFTS

By William Becker, Paranormal Insights

We all have our own specialty with psychic experiences or focus, and it's tied to our eternal beings and what we do between lives as well. And it's when we are tuned into that which is our true self that we are the most fulfilled, content, and joyful.

This is a truth that is becoming more evident as I continue my own journey of self awareness and growth. And part of that truth is that we learn that sometimes we need to let go of those areas of our lives, including activities and behaviors, that keep us from being our complete self and following our true calling, even when we associate those areas as a part of our identity.

A Journey of the Soul

I'm going to go out on a limb here a bit and use some of my own story as part of the example. Since I was a young child, I've had a vision of myself as an old man, living in a house and grounds with people coming to me for wisdom, insight, and healing — spiritual healing. I could see myself as a teacher and healer of the soul in a sense, even before I had an understanding of what it was I was really seeing.

I've done a lot of different jobs in my life. I have a bachelor's degree in history and a master's degree in public administration. I've worked retail and run non-profits, and a good deal in between. All the while having this vision of myself that I considered really to be a pipe dream, an unrealistic and really fantasy-based daydream, not something obtainable.

At the same time, the spiritual and inner journey has been a basic and fundamental part of my life journey. It's taken various forms, roads, and detours through the years, but it's been a big part of who I am. And over time, the inner journey and the outer one started to meld, to blend together and become one.

I think one of the distractions we have from our journey to true self is the very real material needs of living in our society. I know for me, I had to find ways to pay the mortgage and keep the lights on and food on the table. And those



needs would distract me from the real calling in my own soul. Meditation and other self work would allow that calling to surface from time to time, but it was still difficult to truly understand and to find the energy and time to invest in them.

Removing the Distractions!

So, sometimes when we can't rid ourselves of the distractions or the path we're on that might be less than helpful and healthy for us, some power outside of ourselves helps us out — removing the distractions! Now this doesn't usually take a nice, easy form. It can often mean that something of seeming importance is no longer available to us. It can be the ending of a job, the loss of people we're close to — for a variety of reasons, the ending of relationships, or if we're lucky, we recognize what is not working in our lives and voluntarily walk away from it before it collapses around us. My own experience has included combinations of all of the above.

Even when we voluntarily make a decision to leave something that is holding us back from being more fully our true self, it's still painful. There's still a grieving process. But from that pain rises the sense of freedom that we can either choose to embrace or ignore. I'm choosing to

embrace mine as fully as I can.

Our new-found freedom doesn't give us the excuse to sit back and relax. Quite the contrary; it usually means that we have a lot more work to do! But the freedom can help to energize that work and focus it. Also, as I can attest to personally, embracing that freedom also allows others into our lives that give us so much of the support, inspiration, and practical assistance we need. Going through someone else's breakup with the old with them can inspire us, as well as support them. I've been witnessing this first hand lately.

Find Your Own Path, and Embrace It

I know that this concept may sound more than a bit unbalanced, to put it nicely, but it isn't. I'm also not saying that each of us is to be Mother Theresa or Dorothy Day. I'm not suggesting that we all leave the material world behind us. This isn't an anti-everything rant; this is an encouragement to find your own truth and embrace it. And for most of us, this includes a balance of spirituality, comfort in the material world and doing that which we are called to do. And I also strongly feel that this calling is a

reflection of what we do in between lives, as well as in this life. It is in my case.

In my case, I really am to be that healer and teacher

I've seen myself as all my life. Part of the challenge has been how to support myself in doing so. Well, that's where the classes, books, and other ideas come in. I've been blest to find

Life includes a balance of spirituality.

my own psychic ability. Not for its own sake, but for what I can do with it, working with the living and the dead, and the non-human. In between lives, I work with souls learning about who they are, what their call is, and how to heal. In this life, I work with people, helping them find their own gifts and their own instruction manual to allow those gifts of the soul to blossom and flourish. And I help and work with the entities, if in nothing else but by giving them the respect, friendship, and voice they deserve.

I've got a long way to go, and as long as we are in this world we never reach the perfection of the vision. But when we recognize what that vision is and how we can best work toward it, we experience life in a whole new way. We really start to wake up and experience the joy of fulfillment and completion. ♦



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